

Enerton®

COMPOSITION

Each 5ml **Enerton®** syrup contains extracts of *Sida cordifolia* 1.35 gm, *Withania somnifera* 1.35 gm, *Ricinus communis* 28.15 mg, *Vanda roxburghii* 14.08 mg, *Elettaria cardamomum* 14.08 mg, *Syzygium aromaticum* 14.08 mg, *Vetiveria zizanoides* 14.08 mg, *Tribulus terrestris* 14.08 mg along with some other ingredients.

A preparation of Balarishta as per BNAF, 1992.

DESCRIPTION

Sida cordifolia: *Sida cordifolia* contains ephedrine, acts as a CNS stimulant. It produces strength and encourages muscular tone. Constituents include ephedrine (1%) and phytosterols. *Sida cordifolia* is also effective as an anti-asthmatic as it contains some bronchodilating alkaloid. It would be useful for people who participate in outdoor sports rather than people who participate in indoor sports.

Withania somnifera: Root contains several alkaloids like withasomines, withanolides and steroidal lactones. It is adaptogen, anti-inflammatory, anxiolytic, immunomodulator, tonic and aphrodisiac.

Vanda roxburghii: The roots are used in bronchitis & rheumatism. Heptacosane and octacosanol shows anti-inflammatory activity.

Ricinus communis: Eranda is sweet, light, bitter and purgative. Castor oil is especially adapted for young children and child bearing women. It is a reputed remedy for all kinds of rheumatic affections. It cures dyspnoea, flatulence, visceral pain, lumbago and headache.

Elettaria cardamomum: *Elettaria cardamomum* has carminative and stimulant properties.

Syzygium aromaticum: The eugenol and acetyl eugenol of *Syzygium aromaticum* oil inhibit arachidonate-adrenaline and collagen induced platelet aggregation.

Vetiveria zizanoides: Its root is tonic, diuretic, stomachic and antispasmodic. It contains essential oil with some other alkaloids which act on dyspepsia, indigestion, diarrhea and vomiting.

Tribulus terrestris: Seed acts as a tonic. It improves vitality and luster of the skin to prevent wrinkle. It also acts as a uterine tonic and used in debility after child birth.

USES

Enerton® syrup is effective in physical debility, boosts strength & energy, improves the muscle tone, excellent tonic for sportsmen and asthma patients, useful in debility after fever and painful condition especially in sportsmen and geriatric patients.

DOSAGE & ADMINISTRATION

Adult (above 12 years): 1-2 teaspoonfuls (5 - 10ml) three times a day, or as directed by the physician.

SIDE EFFECT

Enerton® is well tolerated within the recommended dose.

CONTRAINDICATION

There is no evidence available on contraindication. But caution should be taken in hypertension, DM, BPH, cardiovascular diseases and with other CNS stimulant.

USE IN PREGNANCY

It is not recommended during pregnancy.

STORAGE

Store at cool and dry place below 30° c temperature away from direct sunlight & moisture. Keep the medicine out of the reach of children.

HOW SUPPLIED

Each PET bottle contains 200 ml **Enerton®** syrup.

Manufactured by

SQUARE PHARMACEUTICALS LTD.
AYURVEDIC DIVISION
BSCIC, Pabna, Bangladesh

