Adovas®

Herbal Cough Syrup

Composition

Each 5 ml **Adovas®** syrup contains extracts of *Adhatoda vasica* 0.68 gm, *Piper longum* 0.14 gm, *Glycyrrhiza glabra* 6.78 mg, *Zingiber offcinale* 6.78 mg, *Piper nigrum* 6.78 mg, *Terminalia chebula* 73.24 mg, *Saussurea lappa* 6.78 mg, *Syzygium aromaticum* 6.78 mg, *Eletteria cardamomum* 6.78 mg, *Cinnamomum zeylanicum* 6.78 mg, *Cinnamomum tamala* 6.78 mg, *Pistacia integerrima* 6.78 mg and *Myrica nagi* 6.78 mg.

Description

Adovas® syrup is a preparation of right combination of herbs, which is effective for all kinds of cough. All of the herbs of this combination are time tested and shown to be clinically effective in case of cough, cold and flu. It is effective, well tolerated, safe and non-sedating with potent antiallergic properties. **Adovas®** syrup is effective for both children and adults. It is free of side effects like drowsiness, constipation and dryness of mouth.

***Adhatoda vasica* (Vasak):** Relieves cough, bronchial spasm and liquefies mucous.

***Piper longum* (Pipul):** Relieves allergic cough, cough with asthma, chronic congestion and hoarseness.

***Glycyrrhiza glabra* (Jashthi madhu):** Relieves irritation of throat. Modulates the immune system. Used extensively as demulcent, expectorant & anti-inflammatory agent.

***Terminalia chebula* (Haritaki):** It has laxative, tonic and alterative properties. It helps in smooth evacuation and removing toxins and fats from the body. It is used to prevent aging and impart longevity, immunity and body resistance against disease. It has beneficial effect on all tissues.

***Saussurea lappa* (Kur):** The essential oil of the roots has strong antiseptic, disinfectant and anti-inflammatory properties. The extract of the herb has been found very useful in the treatment of bronchial asthma.

***Zingiber officinale* (Shunthi):** Reported to contain an antihistaminic factor. Shown to have significant effects in common cold.

***Piper nigrum* (Marich):** It has bacteriostatic, fungistatic and anti-inflammatory properties.

***Syzygium aromaticum* (Labanga):** Useful in coughs and other respiratory disorders. It improves the breath and is a remedy for sore throat, headaches and coryza. It has anti-inflammatory action.

***Elettaria cardamomum* (Elach):** It is used as an aromatic stimulant, carminative and flavoring agent. Volatile components of cardamom exhibit antimicrobial activity. It is also reported to possess anti-inflammatory, analgesic and cardiotonic properties. Cardamom prevents bad breath.

***Cinnamomum zeylanicum* (Darchini):** It is a good anti-infective agent and is useful in relieving cough due to its soothing action. The oil from the bark shows potent antibacterial and antifungal activity.

***Cinnamomum tamala* (Tejpata):** It is a tonic, digestive, carminative, uterine stimulant & appetizer agent.

***Pistacia integerrima* (Kakra sringi):** It is known to help in cough, asthma & anorexia. It gives strength to mucous membrane.

***Myrica nagi* (Katphal):** It cures dyspnoea, cough & throat irritation. It is a stimulant, alterative, expectorant and tonic.

Tulshi extract and other ingredients: Tulshi extract and some other ingredients are added to **Adovas®** syrup for increasing soothing effect and to relieve acute cough.

Indication

Adovas® syrup liquefies phlegm. It is effective for all kinds of cough such as, dry irritable cough, allergic & smoker's cough. It soothens the throat irritation and relieves hoarseness.

Dosage & Administration

Children under 12 years : 1-2 teaspoonful (5-10 ml) 3 times a day.

Adult : 3 teaspoonful (15 ml) 2-3 times a day. In acute cough warm water can be added for better result.

Side Effects

Herbal medicine is clinically proven as safe & well tolerated. In the recommended doses side effects are rare.

Contraindication

There is no evidence available on contraindication but it may happen in-patients who are hypersensitive to any of its ingredients.

Use in Pregnancy

The safety of **Adovas®** syrup in pregnancy has not been studied. Therefore, it should be used with caution during pregnancy, considering benefits to the mother greater than the risks to fetus.

Drug Interaction

No clinically significant drug interactions have been reported.

Storage

Store at cool and dry place, away from direct sunlight. Keep the medicine out of reach of children.

How Supplied

Adovas® Syrup : Each PET bottle contains 100 ml syrup.

Manufactured by :

SQUARE
HERBAL & NUTRACEUTICALS LTD.

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